

Common Course Outline for: Child and Adolescent Psychology - 1109**A. Course Description**

1. Number of credits: 3
2. Lecture hours per week: 3
Lab hours per week: None
3. Prerequisites: None
4. Co-requisites: None
5. MnTC Goals: Goal # 5 - History and the Social and Behavioral Sciences

This course focuses on the physical, cognitive, and psychosocial areas of development from conception through adolescence. Relevant theories, research, methods and issues are addressed. An interactionist approach regarding the influence of both heredity and environment is emphasized.

B. Date last revised: Fall 2018**C. Outline of Major Content Areas**

Research Methods
Theories of Development
Influences of heredity and environment
Prenatal development and birth
Infancy: Physical, Cognitive, and Psychosocial Development
Early Childhood: Physical, Cognitive, and Psychosocial Development
Middle Childhood: Physical, Cognitive, and Psychosocial Development
Adolescence: Physical, Cognitive, and Psychosocial Development
Current topics in child and adolescent development

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Describe the various stages of physical, cognitive, and social development in children. (Goal 5c)
2. Demonstrate skills in thinking critically about the practical implications of research and theory in teaching and raising children. (2d, 5a)
3. Identify the biological and contextual influences on children's development, and discuss the impact of the interaction of these forces. (2c; 5c, d)
4. Identify ways of promoting optimal growth and development in children. (2a, 5c)

E. Methods for Assessing Student Learning

Possible methods of evaluation include: unit exams, midterms, and/or a comprehensive final in a style the instructor deems appropriate, as well as class assignments and projects.

F. Special Information: None